

Doing more for yourself – this is sometimes called Enablement



Questions people ask

What does Enablement mean?

Enablement means adults learning skills which will help them be more independent. This will mean different things for different people. For some people it means being able to spend some time without staff support. For others, it could mean something like getting a job. No matter how complex somebody's needs are, everyone can become more independent.



What is the difference between Enablement and re-ablement?

Re-ablement is usually about older people who have had a hospital stay or similar crisis and need a short time with extra support to return home.

Enablement can take longer and is usually about helping people achieve a goal or target like learning to travel independently.



How does somebody learn new skills?

There are lots of ways, and the best way will depend on how each person learns new things. Some people like to break down a task and learn it in small sections; other people prefer to watch somebody else doing the task. Some people can follow written instructions or use an app. Good support providers will find the best way for each person, and take things at the right pace.



What if I don't want to be more independent?

We know that some people are quite happy with what they are doing and the services they receive. However, the County Council has to make sure it spends the money it has wisely. This is not a new thing, but the council will have less money to spend over the next few years. This means that we need to make sure that we target our money at people with the most complex needs, by helping everyone else become more independent.

We understand that for some people change is frightening, and the thought of doing something new can be very scary. However, we believe that everyone has the right to be as independent as possible and learn new skills.



How does the council benefit from people becoming more independent?

People who are independent, happy and fulfilled tend to cost the council less money, because they need less services funded by the county council.

They may need a short term service to learn the new skill or cope with a situation, but then support should stop.

In the past, people have learnt new skills and although they don't need so much support this has not always meant that a person's support package has got smaller. This has to change.



Does this mean I will be losing services?

The council will be looking for the best way to meet people's assessed eligible needs. This is not a new thing. We will look at things like technology, support from the community, education and the support that family can offer. Some people may see changes in their support package. In most cases, we will look at all other options before thinking about funded support workers or day services as these are the most expensive ways for us to provide support.

Needs	
1	<input checked="" type="checkbox"/>
2	<input checked="" type="checkbox"/>
3	<input checked="" type="checkbox"/>
4	<input checked="" type="checkbox"/>
5	<input checked="" type="checkbox"/>

Outcomes	
1	<input checked="" type="checkbox"/>
2	<input checked="" type="checkbox"/>
3	<input checked="" type="checkbox"/>
4	<input checked="" type="checkbox"/>
5	<input checked="" type="checkbox"/>

What if I don't like the support package that is offered?

Your care manager should always talk to you about what you want. You could ask for a Direct Payment to buy your own support. The amount of the Direct payment would be the same amount of money as the package that was offered to you. You would need to decide whether this was something you wanted go ahead with. You should tell us if you are not happy with your support package.



How do I get a job?

We want everyone to think about getting a job as this is the best way for people to become really independent. We want more people to benefit from getting paid employment, making new friends and learning all the skills required to get and keep a job.

There is a new employment service for people with assessed eligible needs starting in July. We hope this will make it easier for people to get a job. We want to improve the way we work with Job Centres and other agencies and we want big employers in Hampshire like the County Council and the NHS to offer more help to people with disabilities.



What is going to happen in 2016?

If you live in a shared house and have shared support (like a sleep in) the social worker will be looking at your shared support as well. The social worker will be looking for information about why the support is needed.



What is going to happen in 2016?

The County Council is concerned about the number of sleep ins that we pay for in supported living. We will be looking at different ways of supporting you instead of paying a staff member to sleep.



What is going to happen in 2016?

We will be looking at different things rather than day services for some people. We know that some people get a lot out of meeting their friends at services. We will work with some people to come up with other options. For example, if you like meeting your friends at the day service for a coffee, why can't you do this at your local coffee shop? If we could spend some time to teach you and your friends how to get there, how to use money and how to get home without staff support, you will be more independent.



What is going to happen in 2016?

If you already get support paid for by the Council, you will have an assessment. You will be able to invite your family or an advocate to the assessment.

The assessment will be similar to assessments you may have had before. However, the social worker will be asking questions about the support you need. They will help you to think about how things could be, rather than just about how things are at the moment.

After the assessment the social worker will contact you to put together your new package and agree dates for enablement targets to be met. This may mean you or your support provider agreeing to certain tasks.

An illustration depicting an assessment process. On the left, a woman with glasses and a red top is talking to a woman with dark curly hair. Below them is a purple circular graphic with the word "Assessment" written in white. To the right is a clipboard with a silver ring at the top, titled "Outcomes". The clipboard contains a list of 10 items, each with a checkbox. Items 1, 2, 4, 5, 6, 7, 8, and 10 have green checkmarks. Items 3 and 9 have red X marks. Below the clipboard is a large black and white target with a red bullseye and a red arrow pointing towards the center.

Outcomes	
1 <input checked="" type="checkbox"/>	6 <input checked="" type="checkbox"/>
2 <input checked="" type="checkbox"/>	7 <input checked="" type="checkbox"/>
3 <input checked="" type="checkbox"/>	8 <input checked="" type="checkbox"/>
4 <input checked="" type="checkbox"/>	9 <input checked="" type="checkbox"/>
5 <input checked="" type="checkbox"/>	10 <input checked="" type="checkbox"/>