

# YOUR SCHOOL MENU



## Vegan Sample Menu



A selection of alternative desserts; Banana, apple, orange, yoghurt, rice pot, fruity pot, cheese and biscuits or fruit juice are available daily



Additional bread and salad are available daily

Monday	Tuesday	Wednesday	Thursday	Friday
Vegetable goujons Potato wedges Garden peas and salad See desserts below	Italian tomato pasta (no cheese) Mixed salad Mixed cold puddings	Vegetarian sausages ½ baked jacket potato Garden peas and sweetcorn medley and salad See desserts below	Vegetable risotto Broccoli, carrots and salad Mixed cold puddings	Vegetarian sausage puff Chips Baked beans and salad Ginger and pear sponge
Vegetarian sausages and gravy Mashed potatoes (do not add milk) Green beans and salad See desserts below	Vegetable goujons and gravy Roast potatoes Green cabbage and carrots and salad Mixed cold puddings	Vegetarian sausages ½ baked jacket potato Broccoli and salad See desserts below	Vegetable goujons Baked beans and salad Mixed cold puddings	Vegetarian sausages Chips Baked beans or sweetcorn and salad Marble shortbread
Vegetarian sausages Mashed potatoes (do not add milk) Broccoli and salad See desserts below	Vegetable goujons and gravy Roast potatoes Broccoli, cauliflower and carrot mix and salad Mixed cold puddings	Vegetarian sausages Potato wedges Green beans and sweetcorn and salad Oatmeal cookie	Vegetable goujons New potatoes Carrots and garden peas and salad Mixed cold puddings	Chilli bean mix (no wrap or cheese) Rice Garden peas and salad See desserts below

Banana, apple, orange, fruit pot or fruit juice will be available daily  
 No additional bread, as contains egg and milk  
 No mayonnaise or salad cream as both contain raw egg  
 No angel delight, yoghurt or rice pots as cold puddings as contain dairy