

Disabilities – we are calling all our projects

- **My Ordinary Life**
- **Doing more for yourself** – this is sometimes called Enablement

What are we doing?

We want people to do more things for themselves with help from their families, friends and the community.



Adult Services will help people learn new skills like managing money and travelling independently.



Adult Services will look at ways people can share support to do the things they want.



There will also be places for people to drop in



And support over the telephone



Adult Services will help more people get a job or do other things with their time



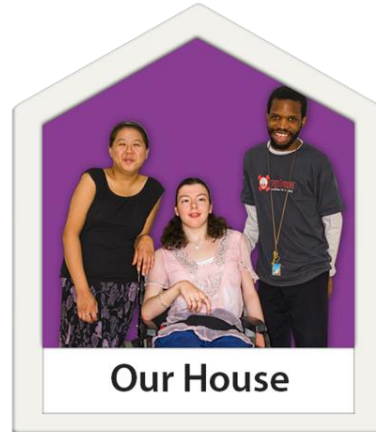
And work with day services so that they help people learn new skills and do more things in the community.



More choice about where people live

What are we doing?

We will be working to make sure there are more supported living houses for people.



We know that people have more rights in supported living than they do in residential care.



People who live in supported living have more money from their benefits and more choice and control about their support.



We will make sure there is more choice of shared supported living, shared lives, Extra Care and community networks.



People may have the chance to own their own home or live in rented houses and flats.



We will be working with some residential care homes to help them change into supported living.



We are planning to build new Extra Care Housing for Adults with Learning Disabilities



Working together with Health and Children's Services

My Life My Way

What are we doing?

We are working together young people and their families as well as with health, education and children's social care services on a project called My Life My Way.



My Life My Way wants to find ways to help people have more choice and control over their lives.



We think young people and their families should have the right support when they need it so they don't have to worry about leaving school or college or changing how they have their health care needs met.



We are working with advocacy to train some young people so that they can help people around their age, who are worried about transition, tell us what they think. These are called Peer Leaders



To find out more you can visit our web page

www.hants.gov.uk/adultengagementconsultation



Disabilities – My Ordinary Life

Things you can help with

The main way to get involved is through the Hampshire Learning Disability Partnership Board.



The Partnership Board members are all elected by the LIGs (Local Implementation Groups). There are 10 people with a learning disability who are supported by advocacy and 5 carers.



There are 5 LIGs across Hampshire.

The LIGs work on monitoring the things in the Learning Disability Plan by talking to lots of different groups about what they think and reporting to the board.

They also think about things that are happening in their area.



Someone from Adult Services is a member of each LIG and they can talk about the things that are changing.

The LIGs also invite other people to come to their meetings to talk about things that are important in their area.



If you are interested in finding out more about the changes that are happening, you can contact one of the LIG chairs about attending your local meeting.

Contact



Yellow LIG – New Forest
Jan Mills jan.mills@sfht.org.uk

Orange LIG – Eastleigh and Test Valley
Melody Mew melody@james-place.co.uk

Purple LIG – Winchester, Fareham & Gosport
Janet Chierchia janetwc42@gmail.com

Blue LIG – Basingstoke & Deane, Hart, Rushmore
Ian Penfold penfoldi371@ntlworld.com

Green LIG – Havant and East Hants
Helen Dayson
helen@kingsleyorganisation.org.uk

Or

Florence Garland
Florence.garland@hants.gov.uk

Changing Minds

There is a group called Changing Minds that will help us think about how we tell everyone what is changing in a way that is right for them.

We are looking for some more members for this group – people with learning disabilities or carers.



How you can get Involved

You can get involved by coming to our meetings or by helping to check that what we have made is easy to understand for everyone.



You might want to think about being a **Champion** so you can help other people understand the things that are changing



**If you would like to find out more about
Changing Minds please contact**



Andrea Frost
andrea.frost@hants.gov.uk

or

Florence Garland
florence.garland@hants.gov.uk

Glossary – What words mean

Transform	This means to change things in a really big way so that they are different than before.
Community and Voluntary Sector	This is how we describe things like charities and groups in the community, some people who work for the community and voluntary sector might be volunteers and some could be paid staff. There are lots of very different groups that could be described as community or voluntary.
Care Offer	This is how Adult Services will tell people what help it can give them to help them with their social care outcomes.
Social Care Outcomes	Social care is about things like managing you personal care, looking after yourself in your home, maybe getting a job or going to college, seeing friends and staying well. Outcomes are the things you would like to achieve.
Operating Model	This is the way Hampshire does things, it is a short way to talk about all of the teams and their jobs and the way that they do them to support people in Hampshire.
Contact Centre	This is called Hantsdirect at the moment and is a place you can contact by telephone or by computer to get information and advice as well as things like Blue Badges. You can call the contact centre if you want to request an assessment or tell them about the roads in your area. The Contact Centre can give lots of different information but it also has staff who know about safeguarding and social care.
Online	This means using your computer or smartphone to do things, just like if you do shopping on the internet, some things that could help you live your life might be available to order online.
Advisory Group	This is a group of people who are experts who can tell us what needs to be done and how they think we can do it.

Supported Living	This is where people live in their own flat or house or share it with other people and have some support so that they can manage their lives well. People can have choice about when they get their support and who supports them. People get housing benefit and pay rent, they are tenants.
Residential Care	This is where people share where they live with others. It is different from supported living because people do not get housing benefit and they do not have a say in how they get their support or who from.
Shared Lives	Shared Lives is where people live in a family that is not their own. They get support from the people they live with who are shared lives carers. People do claim housing benefits but they are not tenants.
Extra Care	This is where people have their own flat in a group of flats, if they need support to manage their social care, they can get it when they need it from the Extra Care support. Usually these flats are for older people but we want to build some for younger adults.
Community Networks	This is where people live in their own flat or house and are supported to meet other people who live close to them who also have similar needs. There is a support worker who can support people across the network to help people manage their lives. People in the network can also support each other.